

Packing List For River Trips

Adventure Bound River Expeditions

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This is a recommended list of clothing, personal items and gear to bring along on your rafting trip. Please contact us if you have any questions. Our staff will help you decide what to bring given your individual circumstances and trip itinerary.

General Information

- Each guest is provided with a large dry bag for storing clothing, personal items and other gear on multi-day trips. This bag will not be accessible during the day. Items needed during the day, such as sunscreen, medications, camera and rainwear can be stowed in a small pack for easy access on all trips.
- Most hotels will store excess luggage and valuables.
- Cash: For stops on the way to and from the river. Guests are welcome to purchase additional beverages (beer, wine and soft drinks) for their trip, and refreshments for the drive. Guides also accept gratuities for a job well done.
- Desolation Canyon Trips: Any additional beverages must be pre-ordered due to weight limitations on the charter flight.

Clothing Recommendations

- Cap with visor and leash (or string)
- Rain suit or poncho (rain suits are desirable if paddling an inflatable kayak on early season trips)
- Windbreaker or shell jacket for cool conditions
- Socks — wool or fleece are good choices for cool conditions
- Footwear — sneakers or river sandals with ankle support for river use, dry shoes for camp or hiking (thongs or flip-flops are not recommended for river use)
- Shirts — one long and one short sleeve shirt for multi-day trips
- Shorts
- Sunglasses secured with adjustable retainer
- Sweatshirt, sweater, fleece or warm jacket
- Jeans or sweatpants
- Bandana (to protect your neck or head)
- Handkerchief
- Swimwear
- Underwear

Personal Items

- Sunscreen lotion
- Lip balm

- Insect Repellent
- Toiletries (toothbrush, toothpaste, soap, shampoo, etc.)
- Towel and washcloth
- Facial tissues
- Prescription medications — please call our office if you need special storage for your medications.
- Non-prescription items such as pain reliever, antacid, antihistamine, etc.

Gear

- Daypack — for daytime necessities (a small waterproof bag, backpack, or fanny pack, etc.)
- Camera and/or binoculars at your own risk — consider a waterproof or disposable camera
- Flashlight
- Water bottle for hikes
- Pillow
- Sleeping bag — bring your own or purchase a brand new one from us
- Foam sleeping pad or air mattress— bring your own or rent one from us
- Tent — bring your own or rent a 2-person dome tent from us
- Fishing equipment (optional). A license is required to fish in Colorado and/or Utah. These can be purchased online at:

Colorado Division of Wildlife - <http://www.wildlife.state.co.us/fishing>

Utah Division of Wildlife - <https://secure.utah.gov/serv2-hflo/hflo/login>